

# Plainfield North High School Boys Track & Field Team presents the 6th Annual



**Saturday, April 1, 2017**

**Plainfield North High School**

12005 S. 248th Ave, Plainfield, IL 60585

1-mile Kids Fun Run..... 8 a.m.

5K/10K..... 8:30 a.m.

**Chip Timing is back!**

and 1-mile Kids Fun Run presented by the C.W. Avery Family YMCA

**REGISTER ONLINE AT [WWW.RUNFASTCAT.COM](http://WWW.RUNFASTCAT.COM)**

## RACE INFORMATION

**Course:** USATF Certified- Flat & Fast! 5K loop (half roads, half paved path). 10K will run two loops.

**Timing/Results:** All races (including Kids Run) will be chip timed. The race results will be available at [www.runfastcat.com](http://www.runfastcat.com) after the event.

**Packet Pick-Up/Registration:** Packet pick-up will be held at Roadrunner Sports (2555 W. 75th St.- Naperville) on Thursday, March 30, and Friday, March 31, from 4-7 p.m. Race day registration and packet pick-up will also be available at Plainfield North High School in the main entrance lobby beginning at 6:30 a.m.

## REGISTRATION FEES

5K/10K (Through 3/22/17) \$30

5K/10K (In-Person at Packet Pick-Up or Race Day) \$35

## DISCOUNT FOR YOUNG RUNNERS

5K/10K (18 and under) \$20

Kids Run (Ages 5-12) \$10

## CUSTOM AWARDS FOR ALL RACES!

Custom medals for Age Group Top 3 in each race.

Gift Cards from Geneva Running Outfitters for Overall winners.

Food and drinks provided for all runners at post-race party.

This year's tshirts will be atomic blue tech shirts.

"Door prizes and much more!"

## THANK YOU TO OUR SPONSORS:



**ATTENTION Y MEMBERS:**  
Enter Discount Code 'YMCA2017'  
and receive \$5 OFF your  
registration fee for the 5K/10K!

## SIGN UP ONLINE OR COMPLETE AND MAIL THIS REGISTRATION FORM TO:

PNHS c/o Andy Derks, 12005 S. 248th, Plainfield, IL 60585- Checks should be made out to PNHS

Must be IN THE MAIL by March 15- after that, register online through March 31. In-person registration available on race day

Name: \_\_\_\_\_ Gender: M F Age on Race Day: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

T-shirt Size: **MALE:** S M L XL XXL **FEMALE:** S M L XL **YOUTH:** S M L XL

5K Run/Walk: \_\_\_\_\_ 10K Run: \_\_\_\_\_ Kids 1-mile (Ages 5-12): \_\_\_\_\_

I acknowledge that a running event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and/or personal loss. I hereby assume the risk of participating in the Fast Cat 5k, 10k and 2x5k Relay race. I hereby take action for myself, my executors, administrators, heirs, next of kin, successors and assigns as follows: a) waive, release, discharge, and agree not to sue, from any liability for my death, disability, personal injury, property damage, property theft, or action of any kind which may hereafter occur to me as a result of my participation in the aforementioned events; b) the following persons or entities: Plainfield School District 202 and Plainfield North High School, race director, event volunteers, club members and officers, sponsors and all cities, counties, districts in which said event may be staged or in which segments of said events may be run and their officers, directors, employees, representatives, and agents. I agree to allow my photograph, video or film likeness to be used for legitimate purposes by Plainfield North High School and the Fast Cat race director, the event sponsors and/or assigns.

Signature (Parent): \_\_\_\_\_ Date: \_\_\_\_\_